

Spiritual Inventory

Written by Laura DiLeonardi

Last Year in Review

Ecclesiastes 3:1-8 says, "For everything there is a season, and a time for every matter under heaven:

a time to be born, and a time to die;
a time to plant, and a time to pluck up what is planted;
a time to kill, and a time to heal;
a time to break down, and a time to build up;
a time to weep, and a time to laugh;
a time to mourn, and a time to dance;
a time to cast away stones, and a time to gather stones together;
a time to embrace, and a time to refrain from embracing;
a time to seek, and a time to lose;
a time to keep, and a time to cast away;
a time to tear, and a time to sew;
a time to keep silence, and a time to speak;
a time to love, and a time to hate;
a time for war, and a time for peace."

Things to Celebrate

Things to Grieve

**“Teach us to number our days that we may
get a heart of wisdom.” Psalm 90:12**

Bible Study of Psalm 90

Context: Who was the author and audience? Why is it important we read the above verse in context?

Observe: What does Psalm 90 say? Note repeating words, compare/contrast, transitional words

Interpret: What does this passage mean? What does it teach us about God and man?

Apply: How does this truth shape how we should think, feel and live? (Head, heart, hands)

**“Only one life, ’twill soon be past,
Only what’s done for Christ will last.” C.T. Studd**

SPIRITUAL DISCIPLINES

2023 Review

How did you grow this year? What did God teach you?

How would you sum up the time you spent with God in the Word, prayer, memory, solitude, fasting, worship?

What sin do you need to repent of?

Other Reflections:

2024 Goals

How do you want to grow in your relationship with Christ this year?

What spiritual disciplines do you need to focus on?

Make a plan

Next steps to reach my goals are...

RELATIONAL

2025 Review

How did you grow this year in the various roles God has placed you in? (child of God, sister, daughter, friend, wife, mother, neighbor, vocation)

Other Reflections:

2024 Goals

In what ways would you like to grow in your relationships this year to better love God and others?

Make a plan

Next steps to reach my goals are...

MINISTRY

2023 Review

How were you built up last year?

How were you sent out?

How did you use your spiritual gifts for God's glory?

Other Reflections:

2024 Goals

How can you be built up this year?

In what ways is God specifically calling you to be sent out?

How can you better use your spiritual gifts for God's glory in 2024?

Make a plan

Next steps to reach my goals are...

PERSONAL

2023 Review

How did you grow personally last year?

Favorite books you read:

Classes I took:

How well did you take care of your body? (diet/exercise)

How well did you steward your resources of time, talent and money?

Other Reflections:

2024 Goals

How do you want to grow personally this year?

Books to read:

Classes I want to take:

What are your goals to care for your physical body in 2024?

How can you better steward your resources of time, talent and money in 2024?

Make a plan

Next steps to reach my goals are...

Personal Mission Statement for 2024

Man's chief end is to glorify God and enjoy him forever.

“So, whether you eat or drink, or whatever you do, do all to the glory of God.” 1 Cor 10:31

“But whatever you do, find the God-centered, Christ-exalting, Bible-saturated passion of your life, and find your way to say it and live for it and die for it. And you will make a difference that lasts. You will not waste your life.” John Piper, *Don't Waste Your Life*

In light of your 2023 review and goals for 2024, how is God specifically leading you to glorify him by loving God, loving others and making disciples?

What scriptures help shape a word of the year for 2024?

2024 Mission Statement:

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How will you live out your 2024 mission?

WHO	
WHAT	
WHEN	
WHERE	
WHY	
HOW	

A Puritan Prayer for the New Year from Valley of Vision

I launch my bark on the
unknown waters of this year:

With Thee, O Father as my
harbour,

Thee, O Son, at my helm,

Thee O Holy Spirit, filling my
sails.

Guide me to heaven:

With my loins girt,

My lamp burning,

My ear open to Thy calls,

My heart full of love,

My soul free.

Give me:

Thy grace to sanctify me,

Thy comforts to cheer,

Thy wisdom to teach,

Thy right hand to guide,

Thy counsel to instruct,

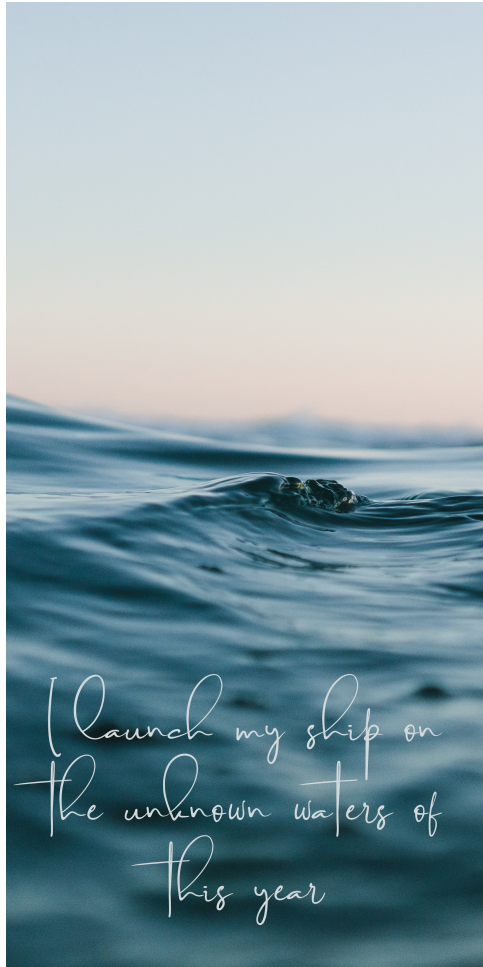
Thy law to judge,

Thy presence to stabilize.

May:

Thy fear be my awe,

Thy triumphs my joy.



Length of days does not profit
me except the days are passed:

In Thy presence,

In Thy service,

To Thy glory.

Give me a grace that:

Precedes,

Follows,

Guides,

Sustains,

Sanctifies,

Aids every hour.

That I may not be one moment
apart from Thee, but may rely
on Thy Spirit:

To supply every thought,

Speak in every word,

Direct every step,

Prosper every work,

Build up every mote of faith.

And give me a desire:

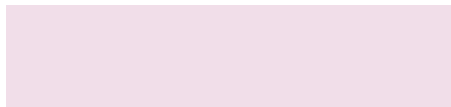
To show forth Thy praise;

Testify Thy love,

And advance Thy kingdom.

Amen.

Prayer Requests for 2024



“Therefore, confess your sins to one another, and pray for one another so that you may be healed. The effective prayer of a righteous man can accomplish much.” James 5:18

**“Never be afraid to trust an unknown future to a known God.”
Corrie Ten Boom**

